



VOLUNTEER NEWSLETTER

ReStart a Success!

Dear KC Free Staff and Volunteers,

A big THANK YOU to everyone who helped to make our health fair/luncheon at ReStart a big success! With the help of your donations and those who volunteered their time on Saturday, July 9, we were able to provide diabetes screening, blood pressure testing, condoms, and STD prevention information to the participants of ReStart's shelter and transitional living programs. We served a delicious meal of spaghetti with meat sauce, garlic bread, salad, and various sweets. Over a dozen KC Free staff and volunteers were on hand to provide health information and a hot meal to several dozen of ReStart's guests.

Tina Jones



Children and grandchildren of staff helped out by buttering the bread for garlic toast!



Marian, Alex, Tina, and Carol prepare the meal, while Dr Stepp decides it's too hot in the kitchen!

Service Anniversaries

August, 2011

Thank you to all of our volunteers for their years of service!

8 Years

- **Dr. Gazala Parvin, Gen Med Physician**

5 Years

- **Dr. Charles Singleton, Gen Med Physician**

4 Years

- **Sue Stewart, Medical Records Expert**

2 Years

- **Stephanie Mall, Gen Med Acupuncturist**

1 Year

- **Lisa Woodring, Quality Assurance**



PHOTOS CONTINUED....



Ashley, Carol, Norma, Carla, and Marian work the serving line at ReStart.

“You’re Invited” MEDICAL-LEGAL PARTNERSHIP

KC Free staff and volunteers are invited to attend a Lunch N Learn presented by Jeffrey Colvin, MD, JD of Children's Mercy Hospital and Legal Aid of Western MO. Dr. Colvin will discuss the history and scope of Medical-Legal Partnerships, various health areas amenable to legal assistance, legal interventions for our patients and his own experience working in Medical-Legal Partnerships.

Friday, August 5 12:00 – 1:30 pm Third Floor
Conference Room D Broadway Clinic

If you want to learn more about KC Free and Legal Aid's Medical-Legal Partnership and the IHELP model, this is the training to attend! Please RSVP to this invitation or email me at jessicad@kcfree.org if you wish to participate! Information on CEUs will follow soon!

Jessica Droste, LBSW
 Medical Social Worker
 KC Free Health Clinic

☞ You give but little when you give of your possessions. It is when you give of yourself that you truly give. ~Kahlil Gibran, *The Prophet*

☞ Next week, I plan to take my first vacation after 7 months at KC Free. Time surely flies when you're having fun. It's been a true joy to serve our clients. Yesterday, I did my first HIV session in sign language. I didn't know certain technical terms but using explanatory examples and listening to the client's concerns worked like a charm.

From a KC Free Volunteer
 CATS Counselor

☞ I really wanted to say thank you for all the support and help you gave me setting up my rotation and making sure everything went smoothly. I had an amazing experience at KC Free and am very glad I got to rotate there. Thanks again.

Interested in volunteering?

Contact Suzanne Sutton Lammert
 at suzannel@kcfree.org or
 816-777-2761