



Service Anniversaries	1&2
Express Clinic	1
Clinic Reminders	1&2
Dr. Fakhoury	2
Clayton Hasser	2

SERVICE ANNIVERSARIES

Congratulations to these volunteers who have service anniversaries in February.

Thank you for your dedicated service.

9 Years

Chris Henson, Front Office

7 Years

Kathy Kelley, ANP,
Behavioral Health
Mason Ornsby, Pharmacist,
Village Pres Clinic

3 Years

Donald Fakhoury, MD, Gen
Med
Sapna Patel, Patient Assistant

2 Years

Mel Ferguson, CATS
Counselor
Sabina Safder, Patient
Assistant
Dawn Sanders, Development

Kansas City Free Health Clinic Offering a New Service ~~~~ Express Clinic

UMKC pharmacy students and residents, under the direction of Dr. Brooke Patterson, will be offering this service.

Need Counseling for your patient to better understand their medication?

- How to take/What to expect
- Compliance to new/change medication
- Side effects

Need to follow up for medication efficacy?

- BP
- A1C
- Neuropathic pain
- Cholesterol

We can help to improve patient health and free up time for you!

On **YELLOW SHEET** check Express Clinic Box

Clinic is on **THURSDAYS** from **9:00-11:20 am**

Questions: Contact Brooke X 221



A Few Reminders

Kansas City Free Health Clinic provides supplementary services for our patients to enhance their treatment options. Please encourage our patients to take advantage of the following services:

• **OT/PT Clinics** --- Rockhurst University hosts one Occupational Therapy / Physical Therapy Clinic every month on a Friday afternoon. Three other PT Clinics are held on Thursday afternoons every month by volunteer Physical Therapists. In February, these clinics will be held on the 5th, 12th, 20th, and 26th.

OT/PT Clinics can help with these issues:

- Pain
- Numbness & tingling
- Stiffness & swelling
- Weakness & fatigue
- Weight loss / exercise program
- Problems with balance & walking
- Arranging home or work to help patient function with less pain & fatigue

• **Diabetes Education Group** --- These are held the third Wednesday every month, 6 – 7:30 p.m.. All diabetic patients are welcome. Dinner is provided FREE. Lively discussion takes place on topics selected by the group— food selections & portion-size; medications; lab results & what they mean; exercise; how diabetes affects your major organs.

SERVICE ANNIVERSARIES CONTINUED...

1 Year

Ricardo Alaniz, Front Office
Lindsay Cunningham,
Pharmacy Tech
Patrick Dacquel, Patient
Assistant
Chris Gibson, Development
Nick Greer, Physical
Therapist, Gen Med
Kara Nguyen, RN, Gen Med
Tamara White, Patient
Assistant

Mark Your Calendar!

Bloom 2009 will be held on Saturday, **May 30**. This is the biggest fundraiser of the year for Kansas City Free Health Clinic. Plan NOW on attending OR volunteering. Invite your friends!



“It is not the size of a man but the size of his heart that matters.”

Evander Holyfield

Reminders Continued.....

- **Patient Education Materials** --- Pamphlets and brochures are kept in the filing cabinets in the provider room and next to the exit door. Please feel free to peruse these files to familiarize yourself with the information inside. When you encounter a patient who could benefit from additional information, please give them a brochure. (Be sure to make copies of the last brochure before you give it away!) You provide better care to patients and empower them when you give them information to take home to learn more about their health and wellness.

The Clinic LOVES our Volunteers!

Dr Don Fakhoury had a successful 37-year career as a physician in the Kansas City Northland. Then after 10 years of retirement, he found he missed practicing medicine. He sought advice of places where he could put his skills to use, and fellow physicians directed him to the Kansas City Free Health Clinic. He began volunteering in February, 2006, and he hasn't looked back since.

After dedicating 424 hours of his time to serving Clinic patients, Dr. Fakhoury still loves the contact with patients and all the challenges volunteering brings.

In addition to helping out at the Clinic, Dr. Fakhoury also performs physicals for the U.S. military 3-5 days a week.

When he isn't generously volunteering, Dr. Fakhoury enjoys spending time being active in his church and traveling abroad. Some of his travels include Europe, Egypt, Israel, Japan and the Caribbean.

(Picture Insert Dr. Fakhoury with a medical student)



Clayton Hasser, Patient Assistant

Clayton Hasser (picture to the left) took a long and winding road to join us here at the Clinic. Upon graduating from MU with a degree in News Journalism in 1963, she applied to work at a newspaper. However at the time, the newspaper was only hiring women to write in the society section and she refused to be so confined. Instead she worked in a medical office for several years. Later she did medical PR and her last job was publishing 2 medical journals for the American Academy of Family Physicians. Having worked in the medical field she is well aware of the healthcare system and its failings. Once she heard about KC Free Health Clinic at a staff development day, she knew that when she retired she would volunteer here.

Clayton enjoys traveling to cultures as unlike ours as possible, and has visited Africa 6 times. She also enjoys reading, doing needlepoint, gardening and following politics.

Clayton began volunteering in January of 2003 and has given more than 520 hours serving Clinic patients. She enjoys volunteering here and finds it “rewarding to work with people from all walks of life” and “to do so in an equal basis that honors who they are and where they are coming from.”