

March 2008

<i>Rapid HIV Testing</i>	1
<i>General News</i>	1
<i>Service Anniversaries</i>	2
<i>Volunteer Highlight</i>	2
<i>Bloom 2008</i>	2

The Kansas City Free Health Clinic

Volunteer Update

License Copies

If your medical license has been renewed recently, please send a copy of the new license to Suzanne Lammert. She must keep a copy of your current license in your volunteer record. Many RN, MD, DO, NP, PA, PT, etc. licenses expired Jan 31, 2008. Please check your license.

It's easy to make a buck. It's a lot tougher to make a difference. ~Tom Brokaw

Thousands of candles can be lighted from a single candle, and the life of the candle will not be shortened. Happiness never decreases by being shared. ~Buddha

Rapid HIV Testing Expands to Gen Med

In September 2006, the Centers for Disease Control issued revised Recommendations for HIV testing of adolescents and adults in Healthcare settings.

These recommendations urge the adoption of HIV testing as a routine part of healthcare and recommend that all adults between the ages of 13 and 64 be tested for HIV at least once and that anyone with risk factors (more than 1 sexual partner in the previous 12 months) be tested yearly.

These recommendations are aimed at identifying the 250,000 Americans who are infected with HIV who have never been tested. Research has demonstrated that most new infections of HIV are the result of individuals who do not know their status and that 68% of individuals infected with HIV change their behavior so as not to put

other people at risk of acquiring HIV when they know their status. Thus, HIV testing is a powerful HIV prevention tool.

Through funding provided by the State of Missouri Department of

Anyone who tests positive will immediately be referred to care through our Linkage to Care case managers and our HIV primary care team. We will begin this program during a few selected times and gradually expand to include all General Medicine clinics.

We were the first dental program in the country to incorporate rapid HIV testing into routine dental care. We have been amazed by the patient acceptance of the testing. 97% of patients offered an HIV test have accepted it!! We have been fortunate that none has tested positive.



Health we will be able to incorporate these cutting-edge recommendations in each General Medicine patient's healthcare visit beginning in March.

Patients will be offered the test and those who accept will know their result in 20 minutes.

This is an exciting project and we are counting on your help to make it a success. We'll be hosting an educational program on the project and hope you can attend.

If you have any further questions, please contact Suzanne Lammert.

March Service Anniversaries

Congratulations to these volunteers who have service anniversaries in March. Thank you for your dedicated service.

10 YEARS:

Washington Muro, MD, Gen Med



Dr. Muro, volunteer of 10 years

7 YEARS:

Irma Rahtjen, Psychologist, Behavioral Health

6 YEARS:

Randall Hudson, MD, Gen Med

3 YEARS:

Marina Kulish, PA, Gen Med

2 YEARS:

Anthony Cage, CATS Counselor

Margo Smith, RN, Gen Med

Kathleen Lamberti, RN, Gen Med

1 YEAR:

Lisa Bruce, Phys Asst, Gen Med

Sierra Grady, Development
Christine Cortelyou, PA, Gen Med

Sharlene Murphy, PA, Gen Med

Luke Vierthaler, PA, Gen Med

Volunteer Highlight: Dr. Singleton, Volunteer Since 2006

Dr. Charles Singleton retired from private practice at the end of 2005, and after several months of leisure, he began volunteering at Kansas City Free Health Clinic in August, 2006. In just 18 months, Dr. Singleton has accrued 174 hours of volunteer service.

Dr. Singleton was recruited by Dr. Pat Titterington, DDS, to volunteer with KC Free Health Clinic when it was located at 39th and Main, but after a few times, he found he just did not have the time. Then Dr. Paul

Koontz, Jr. recruited him to volunteer after retirement at the new building on Broadway. Now Dr. Singleton holds a clinic every Tuesday morning.

“You run a tight ship here,” Dr. Singleton explains when asked why he enjoys his volunteering at the Clinic. “The patients are very



appreciative.” Dr. Singleton also enjoys mentoring the medical students who complete rotations at the Clinic. “They take more time, but it’s good for them to build their confidence.” He agrees that the Clinic is a good place for students to get more practice. “I remem-

ber when I drew blood for the first time when I was a student; I couldn’t stop my hands from shaking.”

Dr. Singleton suggested that Suzanne Lammert use the Clinic’s coffee as a tool for recruiting more volunteers. “You have great coffee here!” Dr. Singleton enjoys cooking, and one of his specialties is beef stew.

Thank you, Dr. Singleton, for the care you give our patients and the expertise you share with our students.

Bloom Fundraiser Party 2008: Bloom Goes Electric

KC Free is excited to announce that this year’s BLOOM fundraiser party will be held in downtown Kansas City’s new nine-block Power and Light District.

Our 2008 theme is “Bloom Goes Electric” and will take place in the Midwest’s larg-

est development project.

BLOOM patrons will get to party in the city’s newest, edgiest, and most unique venue, filled with dazzling lights, LCD walls, chic lounges, and an all-electrifying ambiance.

Mark your calendars now,

and please remember that if you’re available the evening of May 30, Suzanne Lammert is still looking for event volunteers.

We will need volunteers for set-up, serving, silent auction, and registration. Please contact Suzanne if you are free to help.

