

Sept. 1, 2007

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Back to School Safety Tips:

- ✦ Pick the right backpack. Look for a pack with wide, padded shoulder straps.
- ✦ Encourage good study habits by creating an environment that is conducive to working. Be available to offer assistance and establish a no television rule during certain hours of the day.
- ✦ Encourage healthy eating habits before, during and after school. Consider purchasing pre-washed and sliced fruit and vegetables as healthy alternative snacks.
- ✦ Establish rules for television watching—set limits on the amount of tv your children can watch and what programs are appropriate.
- ✦ Encourage school bus safety. Teach children to wait to board until the bus comes to a complete stop.
- ✦ If your child doesn't want to go to school, talk to them about why and seek help from guidance counselors and his or her teachers.

## Mattel recalls more toys due to safety concerns

The third major recall by Mattel Inc. of lead-tainted Chinese toys has left the world's largest toymaker fighting to maintain its reputation with the crucial holiday season fast approaching. Mattel announced late Tuesday it was recalling 800,000 toys, including 675,000 accessories for one of the company's biggest sellers, the Barbie doll.

Also part of the recall, the third in just over a month, were 90,000 units of Mattel's GeoTrax locomotive line and about 8,900 Big Big World 6-in-1 Bongo Band toys, both from the company's Fisher-Price brand. The Big Big World products were sold nationwide from July through August of this year, while the GeoTrax toys were sold from September 2006 through August of this year.

Mattel shares dropped more than 3 percent, or 68 cents, to \$21.29 at the open of trading Wednesday. Mattel's last recall, announced on Aug. 14, covered about 19 million toys worldwide. They included Chinese-made toys that

either had excessive amounts of lead paint or had small magnets that could easily be swallowed by children.

On Aug. 1, Mattel's Fisher-Price division said it was recalling 1.5 million preschool toys featuring characters such as Dora the Explorer, Big Bird and Elmo because of lead paint. That action included 967,000 toys sold in the United States between May and August.

Robert Eckert, chairman and chief executive of El Segundo, Calif.-based Mattel, warned at a press conference last month that there may be more recalls as the company stepped up investigations into Chinese factories and intensified production checks.

In a statement issued late Tuesday, Eckert said: "As a result of our ongoing investigation, we discovered additional affected products. We apologize again to everyone affected and promise that we will continue to focus on ensuring the safety and quality of our toys."

*-Courtesy of the Kansas City Star*

## The Clinic bans smoking on property

The Kansas City Free Health Clinic will be a Smoke Free facility starting this October. No smoking will be allowed inside or outside on Clinic property.

In support of the new Smoke Free designation, Kansas City Free Health Clinic is now offering Smoking Cessation Clinics every Thursday afternoon, 1-4 pm. Pa-

tients can meet individually with a provider about ways to successfully stop smoking. Patients may ask to be referred to this clinic.



In other clinic news...

In September, Cleveland Chiropractic College will increase their number of Chiropractic Clinics offered at Kansas City Free Health Clinic.

For fifteen months, Dr. Curt Krause has held Chiropractic Clinics on Tuesday and Thursday mornings at KC Free. These clinics have been filled to capacity in the last few months. Dr Steve Agocs will begin holding Chiropractic Clinics on Monday, Wednesday, and Friday afternoons beginning September 12<sup>th</sup>. This means that we will be offering a Chiropractic Clinic every day of the week!

# Dash FOR Diabetes



Sept/9/07

Shawnee Mission Park



Benefitting the Kansas City Free Health Clinic



Join medical students from MSMA  
in this great opportunity to

For information: [www.kcfree.org/5krun](http://www.kcfree.org/5krun)



If you do not wish to receive future e-mails from KC Free Health Clinic, please send e-mail to: [supportus@kcfree.org](mailto:supportus@kcfree.org)

## KC Beerfest!

The KC Beerfest Website is up and fully functional! Please check out what a FUN, and hopefully profitable, event this will be for the Clinic! Volunteers are still needed to help us promote this event on weekends in October, and on Oct 20<sup>th</sup> for the event itself. Please contact Suzanne Lammert if you are interested in volunteering.

[www.kcbeerfest.com](http://www.kcbeerfest.com)

## WARNING —do you have a Yahoo or UMKC Email Addresses?

If you have a Yahoo or UMKC email address, you may not be receiving emails from KC Free Health Clinic. Please do the following:

- 1) Notify Suzanne Lammert that you are not receiving emails.
- 2) Look in your Junk folder for an email from [suzannel@kcfree.org](mailto:suzannel@kcfree.org).
- 3) If you find one, reply to it.
- 4) Place [suzannel@kcfree.org](mailto:suzannel@kcfree.org) in your list of contacts.

Hopefully one of these methods will work. I do not want you to miss out on any ground-breaking news from the Clinic!

## September Calendar

Sept. 1-31	Childhood Cancer Month
Sept. 9-15	Suicide Prevention Week
Sept. 16-22	National Farm Safety and Health Week
Sept. 18	Take a Loved One for a Check-up Day
Sept. 21	World Alzheimer's Day