

July 1, 2007

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## Fireworks Safety Tips:

- ✦ Check local laws. Make sure that fireworks are legal where you live.
- ✦ If they are legal, know what kinds are legal and what kinds aren't.
- ✦ Don't let small children play with fireworks or set them off. Adults should either ignite the fireworks, or supervise older children who are doing it.
- ✦ Read the warnings, rules and instructions. Then, after you read them, follow them to the letter.
- ✦ Wear eye protection and keep all parts of your body out of the line of fire.
- ✦ Make sure the audience is out of range of misfired or misdirected rockets and roman candles.
- ✦ Set off the fireworks on a hard, flat surface away from anything flammable.
- ✦ Wait several minutes before walking up to a firework that didn't go off. Don't try to relight duds or misfires. Soak them in water.
- ✦ Have a bucket of water or a garden hose handy.
- ✦ Buy fireworks from reliable retailers.
- ✦ Never experiment with fireworks or try to make homemade ones.

## CEOpen benefits KC Free Health

On June 4<sup>th</sup>, Ingram's Magazine hosted the third annual CEOpen Executive Golf Tournament at Shadow Glen in Olathe.

"This year's tournament netted more than \$70,000 for area charities, including a \$21,000 contribution to the Kansas City Free Health Clinic," Michelle Sweeney, from Ingram's Magazine, said.

The KC Free Health Clinic was asked to provide several volunteers to assist with registration and hole-in-one spotting.



Mason Ormsby, volunteer Pharmacist, and Laura Foley, volunteer RN and Board of Directors member, smiling for the camera.

## Youth Volunteer Corps helps Clinic

The Kansas City Free Health Clinic had the opportunity to be involved with the Youth Volunteer Corps in June. The YVC Summer Sensation program is an 8-week intensive volunteering program where a group of teens from all walks of life are selected to help at various community based organizations in the Greater Kansas City area for a week. Our group ranged in ages from 12 to 17 and all had different schooling

backgrounds and interests. The mission of the YVC is to create and increase volunteer opportunities to enrich America's youth, address community needs, and develop a lifetime of community service. The students accomplished many tasks ranging from assembling prevention bags for the clinic to washing windows. They also organized the records room in the basement and assembled a

number of packets for the Development Department. The students also had the opportunity to meet and speak with different departments and learn about the many services we provide and who they benefit. The Clinic not only benefited from their services and collaborations but had the opportunity to promote health and wellness to a group of diverse teens in our community.

## KC Free Health Clinic and St. Luke's give free mammograms

In collaboration with St Luke's Hospital, Kansas City Free Health Clinic holds 3 or 4 Mammogram Clinics each year to provide free mammograms to women who otherwise would not be able to receive this valuable screening. St. Luke's brings a portable mammography machine to KC Free with the staff to conduct the screenings. KC Free volunteers assist with the organization and registration for the Mammogram Clinics. On June 27, twenty-six women received mammograms at Kansas City Free Health Clinic. One woman announced on the elevator, "This is such a valuable service!"

## REMINDER

Now that we are approaching warmer weather, don't forget that sandals and shorts are not appropriate attire for volunteering at Kansas City Free Health Clinic.

We appreciate your appearance contributing to a professional atmosphere. Closed-toe shoes contribute to your safety in the clinic, and while I'm sure that you look *marvelous* in shorts, they don't project a professional appearance.

Thanks for understanding!

STARTING JULY 19TH

**BISTRO 303** (303 WESTPORT ROAD) WILL DONATE **\$1** TO THE CLINIC FOR EVERY **CHOCOLATE MARTINI** ORDERED DURING THE NEXT YEAR

JOIN US ON **JULY 19TH AT 6PM AT BISTRO 303** TO KICK OFF THIS YEAR OF GIVING, OR STOP BY ANY TIME FOR THE NEXT YEAR AND ENJOY A TRULY SATISFYING DRINK!



# Happy 4th of July!

## July Calendar

<b>July 1-31</b>	National UV Safety Week
<b>July 1-31</b>	National Group B Strep Awareness Month
<b>July 1-31</b>	Hemochromatosis Awareness Month
<b>July 4</b>	Clinic closed for holiday
<b>July 10-14</b>	National Youth Sports Week