

# Annual Report 2005–2006



**For a healthy community**



## **MISSION**

*The purpose of Kansas City Free Health Clinic is to promote health and wellness by providing quality services, at no charge, to people without access to basic care.*

The Kansas City Free Health Clinic is one of the country's largest free health clinics and one of the oldest. It opened in 1971 and is currently in its 35th year of providing free health care to the uninsured or the underinsured, many times the working poor.

A dream came true this year when it was possible to locate and reconnect with a number of individuals who were instrumental in opening the Clinic in 1971 and keeping it open in the early years. A core group of diverse and inspiring individuals, the Founder's Council, now spends time and joins in activities with Clinic staff, volunteers, and supporters.

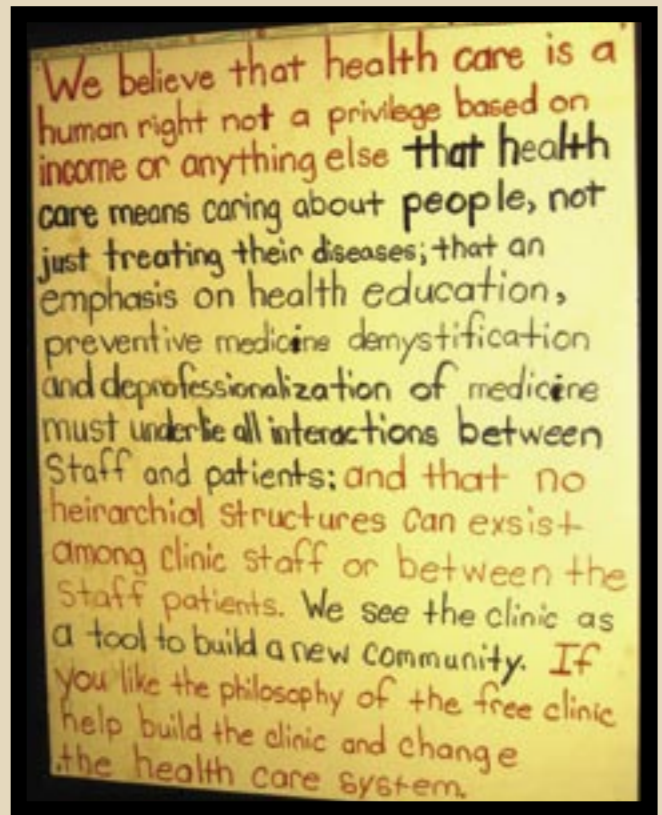
*Randy Goodman, one of the Clinic founders, says, "the spirit remains the same."*

A new, colorful and interactive web site, [www.kcfree.org](http://www.kcfree.org), was created and launched in 2005-2006 to better serve the Clinic's patients, donors, funders, volunteers, and community. The site features a tour of the Clinic, how to make an appointment and how to volunteer, online donations and ticket purchasing, a calendar of events, and complete information on events and activities.

## Staff and Volunteers

*Volunteering and working at the Clinic for over ten years following its opening in 1971 and now living in Wilmington, North Carolina, Carroll Brightwater Metzger, MPA, BSN, RN, reflected, "those years at Westport Free Health Clinic gave me far more than I gave to the Clinic—personal growth, the opportunity to genuinely help people and lasting friendships."*

As it always has, the Clinic maintains a small, but strong staff and depends on a talented and caring volunteer base—for each Clinic employee there are ten volunteers serving patients! The Clinic has a staff of approximately 80 and a volunteer base of nearly 800 that contributed over 29,000 hours of work to the Clinic in 2005–2006.



This handwritten mission statement hung above the reception desk in the Clinic's second location, The Stone House at 40th & Baltimore, from 1972 to 1986 when the Clinic was "evicted" so the house could be torn down. The poster was "saved" by Jeff Morgenegg until just recently when Morgenegg donated it to the Clinic.

## Boards, Councils and Executive Management

The Clinic is governed and advised by committed volunteers who serve on these boards and councils:

- A strong and talented Board of Directors, chaired by Robert L. Claassen, DDS, guides policy making and planning.
- An Advisory Council of community leaders serves as a resource base for administration and as ambassadors for the Clinic in the community.
- A Consumer Advisory Council of patients helps us identify the needs of the community and helps us shape services accordingly.
- A Founder's Council of people who started the Clinic and kept it open in the early years inspires us and reminds us regularly of the purpose of our existence.

Sheridan Y. Wood has served as Executive Director of the Clinic since 1996.

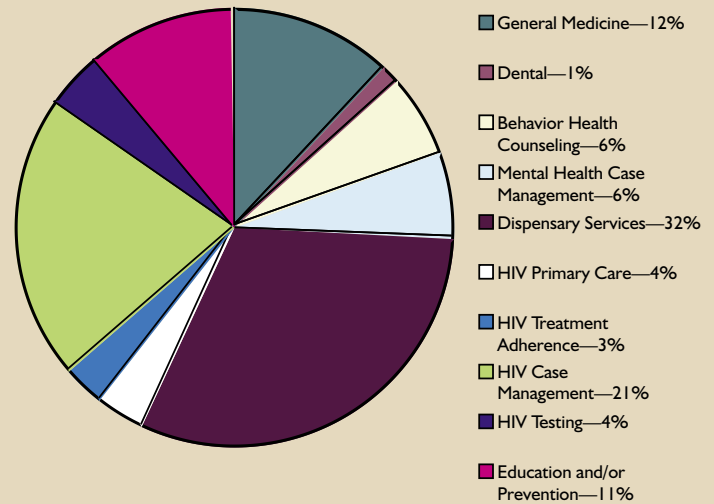
*When asked by a current staff member what he thought of the Clinic today, John Vogt, one of the Clinic founders, said "proud."*

# Patients, Patient Encounters, & Medications

Over 6500 people came to the Clinic in 2005-2006 for health care. Another 6500 or so people received care via the Clinic's activities in the community. The demographics of the people served by the Clinic are:

Male	55%	Caucasian	41%
Female	43%	African American	41%
Other/Unknown	2%	Hispanic	6%
		Undeclared	12%

Many clinic patients needed care in multiple disciplines—general medicine, dental, behavioral health counseling, mental health case management, testing, HIV primary care and treatment, HIV case management, and/or education. A great number of the patients came more than once for continuing or follow-up care. Totaling the number of times patients were treated in each and every area and the medications that were given to patients, there were over 47,500 patient encounters.



**Patient Encounters**

## Funding

The Clinic relies on donations and contributed services for operations and is funded exclusively through contributions, grants, special events, the United Way, and contributed goods and services.

The value of the 2005-2006 contributed services was \$2,636,199. Although each and every hour and skill contributed is valuable and essential for Clinic operations, of note in this figure are the following donated services:

Truman Medical Center	Lab Services	\$ 1,214,664
Physicians & Nurses	General Medicine Clinics	\$ 379,154
Counselors, Therapists	Community Health Services	\$ 331,138
Pharmaceutical Companies & Individuals	Donated Medicines & Supplies	\$ 623,820

*A participant at the Clinic's 35th Anniversary Open House said "by treating my wife, you saved my marriage. The Clinic's mental health team never gave up, they kept trying different things. Eventually something worked—she woke up and realized she had people who love her."*

FISCAL YEAR 2005-2006			
Revenue		Expenses	
Government financial assistance	\$4,199,064	Salaries	\$2,320,969
Contributions	631,876	Employee Benefits	410,185
Contributed Services	2,636,199	Prof Contributed Srv	2,636,199
Special events	151,936	Professional Fees	424,159
United Way	89,785	Supplies/Postage	306,969
Investment Income	4,834	Occupancy & Equipment	287,332
Other	41,712	Payment to Subrecipients	820,321
		Printing	78,050
		Training/Travel/Meals	71,659
		Insurance	208,384
		Miscellaneous	21,951
		Depreciation	151,970
<b>Total</b>	<b>\$7,755,406</b>	<b>Total</b>	<b>\$7,738,148</b>
		<b>Gain</b>	<b>\$ 17,258</b>

# Program Accomplishments, Funding & Collaborations

2005-2006 milestones included:

- A Commissioned Officer on active duty with the U.S. Public Health Service as a Ready Responder began a three-year assignment at the Clinic. The officer provides primary medical care to patients; co-runs a weekly women's health clinic; and serves as a preceptor for students.
- The Clinic was awarded a 5-year, \$1.27 million Substance Abuse & Mental Health Services Administration grant to provide integrated HIV, hepatitis, and substance abuse prevention services targeting minority youth and adults as well as minority at-risk re-entry populations.
- Behavioral Health Department services expanded with the addition of three licensed therapists, including an art therapist.
- The Clinic's Ryan White Title IV grant which improves access to primary medical care, research, and support services for HIV infected women, infants, children, youth, and their affected family members was renewed for the next 5 years (2006-2011).
- A \$35,000 award from the H & R Block Foundation launched collaboration with Turning Point to provide educational and support sessions such as the Living Well with Diabetes, Habits of Healthy Living, Relaxation Techniques, etc.
- Massage Therapy Services were added. Staff and students from the Massage Therapy Training Institute offer massage therapy to patients on a regular, monthly basis.
- HIV Rapid Testing (results in 20 minutes) became a routine screening option.

## *Essential funding also came from:*

Abbott Laboratories  
AIDS Service Foundation of Greater Kansas City  
American Century Foundation  
Atterbury Family Foundation  
Boylan Foundation  
Broadway Cares  
Centers for Disease Control and Prevention (CDC)  
Children Affected by AIDS Foundation  
Community AIDS Partnership/Design Industries  
Foundation Fighting AIDS (DIFFA)

DST Systems  
Feist Charitable Foundation  
Gerald Oppenheimer Family Foundation  
Gladys Kelce Charitable Lead Trust  
HCA Midwest Health System  
Hartwig Family Foundation  
Hallmark Corporate Foundation  
Health Care Foundation of Greater Kansas City  
Health Resources and Services Administration (HRSA)  
Hymie and Vivian Sosland Fund  
Jackson County Mental Health Levy  
J.B. Reynolds Foundation  
Jewish Heritage Foundation  
John W. and Effie E. Speas Memorial Trust  
Kansas City Health Department  
M•A•C• AIDS Fund  
Missouri Primary Care Association  
Morgan Family Foundation  
PrescriptiCare  
Susan B. Komen Breast Cancer Foundation  
St. Joseph Health Center Foundation  
The Westport Fund  
United Way  
University of Missouri – Kansas City  
Village Presbyterian Church  
Women with One Voice (VOICE)  
Wyandotte Health Foundation

## Services

Through the years, the Clinic has been able to successfully keep pace with heightened demand and emerging needs in the Kansas City area.

- In the early years, the primary focus was to provide care for the elderly and for the free-spirited youth in Westport with general medicine, family planning and STD testing services.
- In the 80s and 90s, the Clinic's HIV/AIDS treatment and prevention services expanded and grew strong.
- In the 90s when the numbers of the uninsured started to climb, the Clinic increased and strengthened its general medicine services.
- And, with the turn of the century, mental health services, now called Behavioral Health, is the new area of great demand with services being provided in individual, family and group counseling; substance abuse; case management; and art therapy.

## THE BOARD OF DIRECTORS

### President:

Robert L. Claassen, DDS

### Vice President:

Mark Dreiling

### Secretary:

Sheilahn Davis-Wyatt

### Treasurer:

David Wiley

Alfred D. Biggs, Jr., MD

David P. Cooper

Rita M. Cortés

Arthur J. Elman, MD

Laura M. Foley

John C. Hall, MD

Amy McAnarney Hunt

Denise Kelly

Paul G. Koontz, Jr., MD

Maria North-Morgan

Lee Page

### Executive Director:

Sheridan Y. Wood



For a healthy community

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[www.kcfree.org](http://www.kcfree.org)